

## Term Dates

All key term dates (including INSET days) can now be found on the school website at

<https://www.frenchayprimary.co.uk> on the **Calendar** page and we encourage you to check the website regularly. We will continue to send reminders about key dates (eg school photos) by text/email. Please note that the last day of term will be **Friday, 13 February 2026**. We look forward to welcoming children back in school for Term 4 on Monday, 23 February 2026.

## PE and Forest School for Term 4 (from 23 February 2026)

Any changes to the PE timetable from February will be sent out separately.

Forest School will continue to take place for Ladybird and Butterfly classes on Monday afternoons, and **Year 3 Rabbit on Tuesday afternoons**. Please note that children must bring in a waterproof jacket and wellies. If available, please also bring in a pair of waterproof trousers as the children will go outside whatever the weather.



### Gymrun

Gymrun will be starting again in Term 4 (after half-term). Just to remind you that **all KS2 children** (Years 3, 4, 5 and 6) should come into school in their PE kit **on Thursdays** as the Gymrun session takes place in the morning.

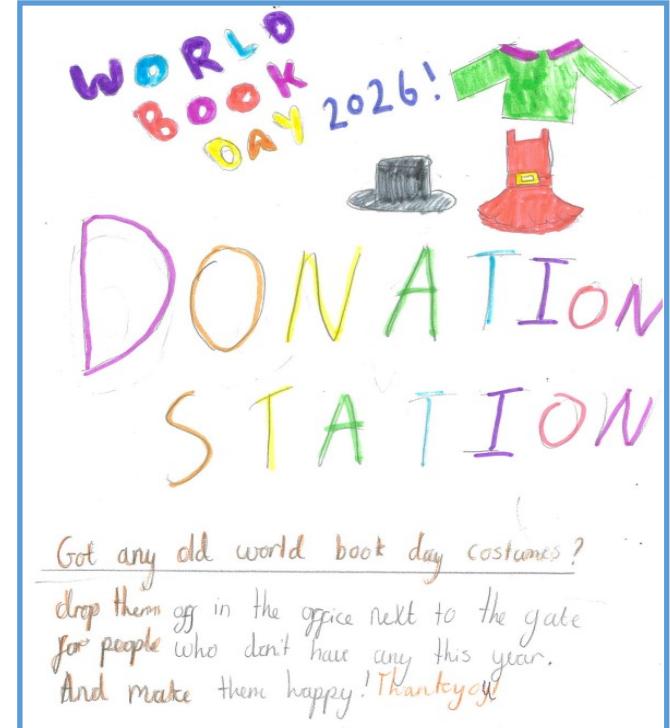


## World Book Day

We will be celebrating World Book Day on **Thursday, 5 March 2026**. All children will be encouraged to dress up as their favourite book character. Please see the attached poster about donating dressing up clothes to school.

There is a Donation Station in the reception area by the school office.

Please note that this year's theme is **Fantasy and Comedy**.



## INSET days

Monday 20th July 2026

Tuesday 21st July 2026

## EYFS National Child Measurement Programme

This Programme measures the height and weight of children in Reception (aged 4-5) to monitor national trends in healthy weight, offering feedback to parents and supporting local health planning. This will take place on Wednesday 11th and Thursday 12th March 2026. More information will be sent out shortly! There is a withdrawal form to complete if you do not want your child to take part.



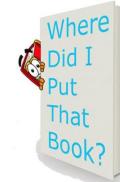
## Year 4 Swimming lessons



Year 4 will be having swimming lessons every day from Monday 16 March to Friday 20 March.

## Missing Books

Over half-term, could all families please have a look to see if you have returned all borrowed books to school as we are missing quite a few.

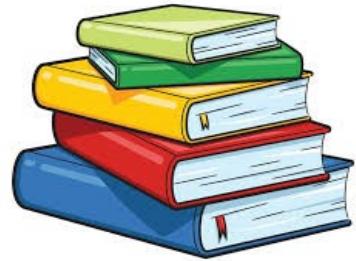


## Donations to School

We are also looking for book donations of Harry Potter and diary of a Wimpy Kid, along with any other children's chapter books.



We would also welcome board games and puzzles for the children to play with in the playground.



## Staffing update

Miss Pickering will be going on maternity leave on Friday, 13 February and her role will be covered by Miss Edwards, who the children already know very well. Mrs Hamilton will also be going on maternity leave shortly. We look forward to hearing the news about the new additions to their families!

Ms Wilson, Clerical Assistant, is leaving our school on Friday, 13 February. She is going to work in a school nearer to where she lives.

We wish everyone well!

## Free Mental Health Service for children

<https://life.southglos.gov.uk/kb5/southglos/directory/service.page?id=GGFfQiFEJFc>



### SilverCloud

Looking after young minds: Introducing SilverCloud

A new digital mental health service is now available for children, young people, and their families across Bristol, North Somerset and South Gloucestershire (BNSG).



SilverCloud, commissioned by the Integrated Care Board, offers easy-to-access online programmes developed by clinical experts and backed by research. It provides interactive tools and strategies to help manage anxiety, low mood, stress, and build resilience. Programmes are free, confidential and can be accessed anytime from a computer or mobile device.

This service is most suited to young people aged 13+ with mild to moderate anxiety or low mood who are willing to try online Cognitive Behavioural Therapy (CBT). They can use the platform independently, with support available from trained SilverCloud supporters for both young people and parents.

There are also dedicated modules for parents and carers to help support children with anxiety or low mood - one for ages 5-12 and another for 12+.

We know many colleagues are parents or have links with families who could benefit from this support.

### Who to contact

#### Website

[SilverCloud Health](https://www.silvercloudhealth.com) (<https://www.silvercloudhealth.com>)

#### Scan to visit this website



#### Telephone

0113 868 3483

#### E-mail

[bnssg@northpoint.org.uk](mailto:bnssg@northpoint.org.uk) (<mailto:bnssg@northpoint.org.uk>)

## Mothers' Day Church Service

Friday 13th March at 2.30pm.

More information to follow.

## School Nursing Team Talk

Toilet Talk (for parents/carers) will take place at 9am on 19 March. An invitation will be sent out to this event nearer the time.

## Medicines in School

If your child starts to feel unwell when they are in school, we have bottles of school Calpol that we can administer, after calling to get your permission. For longer term use, please bring in your own unopened bottle, which can be kept in school until no longer needed.

If your child has medicine prescribed by the GP, can you please ensure that it is handed in to the school office so that a medicines form can be completed.

Please note that all medicines brought into school need to be in a **new, unopened bottle** and that bottle should remain in school until the course of treatment is finished. If your child requires antibiotics, could you please request that it is split into two bottles by the pharmacist so that one of the bottles can be kept in school.

## Free School Meals

### Are you entitled to free school meals?

See leaflet on **Parent Support** page on the website for more information [https://frenchayprimary.eschools.co.uk/cms\\_manage/edit\\_page/568436](https://frenchayprimary.eschools.co.uk/cms_manage/edit_page/568436)

If you think you are eligible please apply via the South Gloucestershire Council website, just search [southglos.gov.uk/freeschoolmeals](https://southglos.gov.uk/freeschoolmeals) or call on 01454 868008.

## Parent / Carer Evenings

Tuesday 31 March and Wednesday 1 April and Information will be sent out after half-term.

## Drop Off Box

Thank you to parents for using the new Drop Off Box for things children have forgotten to bring in that morning. Placing things here has reduced disruption to the office staff and interruptions to learning in the classroom. The box will be emptied at breaktime and after lunch.

Lost property can be found in the Lost Property Box, outside the main hall, just before the entrance into the KS2 playground.

## Medical Appointments

Just a reminder to all parents and carers to please try and book medical and dental appointments outside of school hours where possible. Can you please provide proof of any appointments either by showing a screenshot to the office staff, or sending a screenshot to [office@frenchayprimary.org.uk](mailto:office@frenchayprimary.org.uk) via email. This enables us to keep the class registers accurate and up-to-date. Thank you.

## Sweets and cakes in school

Can we politely request that sweets and/or cakes are not brought into school to celebrate birthdays/holidays due to allergies in school.

## Extra Curricular Activities

School Clubs (including breakfast and after school clubs) are listed on our school website <https://www.frenchayprimary.co.uk> on the **School Clubs and Care** page.



## Holiday Club

Little Heroes run holiday clubs at Frenchay School. This is a really lovely club, run on the school site. Here is the link for future school holiday clubs [https://www.frenchaypreschool.co.uk/?page\\_id=19](https://www.frenchaypreschool.co.uk/?page_id=19)



## Holidays in term-time

As you might be aware there is a big push on attendance and punctuality in schools nationally, therefore schools are now rarely granting authorised absence. Local Authority policy, and Frenchay's policy, is that if a child has 10 sessions (5 days) of unauthorised absence over 10 weeks, the local authority will be informed and there is a possibility of a fine. These are Department for Education expectations.

Please don't hesitate to contact us if you have any questions or queries.

## Attendance

Our school attendance is currently at 94.3%. Can I remind all parents/carers that our school target is 96%. Let's smash it! Thank you