

# Online Workshops



**Understanding & Supporting Anxiety**  
Thursday 7<sup>th</sup> May  
7:00pm - 9:00pm



**Understanding Demand Avoidance**  
Tuesday 9<sup>th</sup> June  
7:00pm - 9:00pm



**When Siblings Needs Clash**  
Tuesday 30<sup>th</sup> June  
7:00pm - 9:00pm



SCAN HERE!

We are happy to say that due to funding, we are able to provide our workshops free of charge.



**Being a parent carer of a child or young person with SEND can bring extra situations which are challenging to know how to handle.**

Our online workshops are here to empower you on your child's SEND journey.

- ✓ Confidence in understanding and meeting your child's needs.
- ✓ Ideas, effective strategies and signposting to other services.
- ✓ A chance to ask questions, as well as receive extra support if needed.

**Your child does not need to have a diagnosis for you to access any of our support**